

# March

2021

## Activity Calendar

8:00-10:30



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Chair yoga Dice Breaker Breakfast Chicken Soup for the Soul Tangrams	Stretching bands Would you rather Breakfast Name That Tune! Name 5 (Zoom)	Ladder golf Boggle Breakfast Music and Memories Spring Trivia (Zoom)	Cornhole Jar of Questions Breakfast Youtube Laughs This day in history (Zoom)	Frisbee basket toss Card Games Breakfast ABC's about me Brain Games (Zoom)
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Walk Penny Ante Breakfast Emotional Sorting 4 Pictures 1 Word	Lawn Darts Blurt Breakfast Modeling Clay Fact or Fiction (Zoom)	Indoor Bowling Fact or Fiction Breakfast Chicken Soup for the Soul Cognitive Workbooks (Zoom)	Exercise Dice Yardzee Breakfast Name That Tune! Smart board Jeopardy (Zoom)	Balance and posture Exercises Pictionary Breakfast Music and Memories Name 5 (Zoom)
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Dumb bell exercises Price is Right Breakfast Youtube Laughs Trivia	Mini Golf Dice Breaker Breakfast ABC's about me Smart board Crossword (Zoom)	Horseshoes Would you rather Breakfast Emotional Sorting Smart board Wordsearch (Zoom)	Bean Bag Target Toss Boggle Breakfast Modeling Clay This day in history (Zoom)	Stronger Seniors Stretch Jar of Questions Breakfast Sensory Dominoes Brain Games (Zoom)
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Chair yoga Card Games Breakfast Chicken Soup for the Soul 4 Pictures 1 Word	Stretching bands Penny Ante Breakfast Name That Tune! Fact or Fiction (Zoom)	Ladder golf Pictionary Breakfast Tai Chi (Zoom) Music and Memories (Zoom)	Cornhole Yardzee Breakfast Youtube Laughs Cognitive Workbooks (Zoom)	Frisbee basket toss Pictionary Breakfast ABC's about me Smart board Jeopardy (Zoom)
<b>29</b>	<b>30</b>	<b>31</b>		
Walk Price is Right Breakfast Emotional Sorting Cognitive Workbooks	Lawn Darts Social Bingo Breakfast Modeling Clay Tangrams (Zoom)	Indoor Bowling Dice Breaker Breakfast Crayon day Name 5 (Zoom)		

# March

2021

## Activity Calendar

11:00-1:30



Monday	Tuesday	Wednesday	Thursday	Friday
1 Stronger Seniors Stretch Sensory Dominoes Lunch Peanut Butter Lover's Day <b>Heart &amp; Soul (Zoom) @ 1:00</b>	2 Bean Bag Target Toss Familiar phrases Lunch Stained Clovers Dr. Suess Quotes	3 Horseshoes Spring Reminiscing Lunch <b>JuanCarlos (Zoom) @ 1:00</b> <b>JuanCarlos (Zoom) @ 1:00</b>	4 <b>Bingo W/ Nancy</b> <b>Bingo W/ Nancy</b> Lunch Spring Mad Libs Exercise by Body part	5 <b>Dance W/ Joni (Zoom) @ 11</b> Getting to know you statements Lunch Dandelion thumbprint craft Stronger Seniors Stretch
8 Dumb bell exercises Marble painted Shamrocks Lunch Bean Bag Target Toss <b>Heart &amp; Soul (Zoom) @ 1:00</b>	9 Balance and posture Exercises Picture frame decorating Lunch Magazine Scavenger Hunt Horseshoes	10 Exercise Dice Horticultural Therapy w/Sarah Lunch <b>JuanCarlos (Zoom) @ 1:00</b> <b>JuanCarlos (Zoom) @ 1:00</b>	11 <b>Bingo W/ Nancy</b> <b>Bingo W/ Nancy</b> Lunch St. Patrick's Word Jumble Mini Golf	12 <b>Dance W/ Joni (Zoom) @ 11</b> St. Patrick's would you rather Lunch Early PI day 14 <sup>th</sup> Dumb bell exercises
15 Indoor Bowling Beware the Ides of March Lunch Leprechaun flowerpots Balance and posture Exercises	16 Lawn Darts St. Patrick's Day discussion Lunch Pot of Gold Craft Exercise Dice	17 Walk Mixed-up St. Patrick's Day Lunch <b>JuanCarlos (Zoom) @ 1:00</b> <b>JuanCarlos (Zoom) @ 1:00</b>	18 <b>Bingo W/ Nancy</b> <b>Bingo W/ Nancy</b> Lunch Shamrock Stamping Indoor Bowling	19 <b>Dance W/ Joni (Zoom) @ 11</b> International Day of happiness Lunch Tangrams Lawn Darts
22 Cornhole World Poetry Day 21st Lunch Walk <b>Heart &amp; Soul (Zoom) @ 1:00</b>	23 Ladder golf Garden Flags Lunch National Puppy Day Frisbee basket toss	24 Stretching bands Horticultural Therapy w/Sarah Lunch <b>JuanCarlos (Zoom) @ 1:00</b> <b>JuanCarlos (Zoom) @ 1:00</b>	25 <b>Bingo W/ Nancy</b> <b>Bingo W/ Nancy</b> Lunch Awkward moments day Cornhole	26 <b>Dance W/ Joni (Zoom) @ 11</b> Make your own holiday Lunch March IQ Ladder golf
29 Chair yoga Chicken Soup for the Soul Lunch Stretching bands <b>Heart &amp; Soul (Zoom) @ 1:00</b>	30 Stretching bands Name That Tune! Lunch Take a walk in the park day Familiar phrases	31 Ladder golf Sensory Dominoes Lunch <b>JuanCarlos (Zoom) @ 1:00</b> <b>JuanCarlos (Zoom) @ 1:00</b>		

# March

2021

## Activity Calendar

2:00-4:30



Monday	Tuesday	Wednesday	Thursday	Friday
1 St. Patrick's Day Trivia JuanCarlos (Zoom) @2:30 JuanCarlos (Zoom) @2:30 Snack Getting to know you statements	2 Music W/ Maggie (Zoom) @ 2 Music W/ Maggie (Zoom) @ 2 Snack Dr. Suess Coloring Smart board Jeopardy	3 Smart board Crossword Jar of Questions Snack Tai Chi Modeling Clay	4 Smart board Wordsearch "Basket" Ball Snack Chicken Soup for the Soul(Zoom) Pictionary	5 This day in history Horseshoes Snack Name That Tune! Yardzee
8 Fact or Fiction JuanCarlos (Zoom) @2:30 JuanCarlos (Zoom) @2:30 Snack Pictionary	9 Brain Games Exercise by Body part Snack Dice Breaker (Zoom) Name That Tune!	10 4 Pictures 1 Word Card Games Snack Emotional Sorting Tai Chi	11 Cognitive Workbooks Music and Memories Snack Stronger Seniors Stretch (Zoom) Getting to know you statements	12 Smart board Jeopardy Social Bingo Snack Famous Mathematicians Chair Yoga
15 Name 5 JuanCarlos (Zoom) @2:30 JuanCarlos (Zoom) @2:30 Snack Getting to know you statements	16 Music W/ Maggie (Zoom) @ 2 Music W/ Maggie (Zoom) @ 2 Snack Would you rather (Zoom) Afternoon Walk	17 Trivia Penny Ante Snack Cognitive Workbooks Tai Chi	18 Smart board Crossword "Basket" Ball Snack Music and Memories (Zoom) Card Games	19 Smart board Wordsearch Bean Bag Target Toss Snack ABC's about me Penny Ante
22 This day in history JuanCarlos (Zoom) @2:30 JuanCarlos (Zoom) @2:30 Snack Cognitive Workbooks	23 Brain Games Exercise by Body part Snack Boggle (Zoom) Jar of Questions	24 4 Pictures 1 Word Tai Chi Snack Blurt Inspirational Stories	25 Fact or Fiction Waffle Day Snack Exercise by Body part (Zoom) Price is Right	26 Cognitive Workbooks Social Bingo Snack "Basket" Ball Modeling Clay
29 Name 5 JuanCarlos (Zoom) @2:30 JuanCarlos (Zoom) @2:30 Snack Blurt	30 Music W/ Maggie (Zoom) @ 2 Music W/ Maggie (Zoom) @ 2 Snack Smart board Jeopardy Mini Golf	31 52 weeks Trivia Tai Chi Snack Yardzee YouTube Laughs		



# March

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## Zoom Calendar

**A.M. Meeting ID**      **Music W/ Maggie**  
 960 6978 6507      719 4306 3371 **PW: c9dZ1b**

**P.M. Meeting ID**      **JuanCarlos**  
 951 7990 5473      861 1734 7792 **PW: 097660**



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Heart & Soul (Zoom) @1:00  JuanCarlos (Zoom) @2:30	Name 5 (Zoom)  Music W/ Maggie (Zoom) @ 2	Spring Trivia (Zoom)  JuanCarlos (Zoom) @ 1:00	This day in history (Zoom)  Chicken Soup for the Soul(Zoom)	Brain Games (Zoom)  Dance W/ Joni (Zoom) @ 11
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Heart & Soul (Zoom) @1:00  JuanCarlos (Zoom) @2:30	Fact or Fiction (Zoom)  Dice Breaker (Zoom)	Cognitive Workbooks (Zoom)  JuanCarlos (Zoom) @ 1:00	Smart board Jeopardy (Zoom)  Stronger Seniors Stretch (Zoom)	Name 5 (Zoom)  Dance W/ Joni (Zoom) @ 11
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Heart & Soul (Zoom) @1:00  JuanCarlos (Zoom) @2:30	Smart board Crossword (Zoom)  Music W/ Maggie (Zoom) @ 2	Smart board Wordsearch (Zoom)  JuanCarlos (Zoom) @ 1:00	This day in history (Zoom)  Music and Memories (Zoom)	Brain Games (Zoom)  Dance W/ Joni (Zoom) @ 11
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Heart & Soul (Zoom) @1:00  JuanCarlos (Zoom) @2:30	Fact or Fiction (Zoom)  Boggle (Zoom)	Music and Memories (Zoom)  JuanCarlos (Zoom) @ 1:00	Cognitive Workbooks (Zoom)  Exercise by Body part (Zoom)	Smart board Jeopardy (Zoom)  Dance W/ Joni (Zoom) @ 11
<b>29</b>	<b>30</b>	<b>31</b>		
Heart & Soul (Zoom) @1:00  JuanCarlos (Zoom) @2:30	Tangrams (Zoom)  Music W/ Maggie (Zoom) @ 2	Name 5 (Zoom)  JuanCarlos (Zoom) @ 1:00	Dance and Musical activities done over zoom will use Neighborhood House's P.M. meeting i.d. unless otherwise designated	All Zoom activities will be held at 10:00 and 3:30 unless otherwise stated on the calendar.