

# June

## Neighborhood House 2021

### Highlights from May

#### Making Baklava with Board members



#### Important Dates

Heart & Soul  
June 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

Music W/ Maggie  
June 11<sup>th</sup>, 25<sup>th</sup>

JuanCarlos  
June 2<sup>nd</sup>, 7<sup>th</sup>, 9<sup>th</sup>, 14<sup>th</sup>,  
16<sup>th</sup>, 21<sup>th</sup>, 23<sup>th</sup>, 28<sup>th</sup>, 30<sup>th</sup>

Dance W/ Joni  
June 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>

Music Therapy W/ Beth  
June 9<sup>th</sup>, 30<sup>th</sup>

Pet Therapy  
June 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>

Bingo W/ Nancy  
June 13<sup>th</sup>, 27<sup>th</sup>

We had an awesome experience this month making Baklava. After a long time one of our clients was finally able to show us how to make traditional Baklava with help from family and friends. A couple of the board members were ever so kind in providing all of the ingredients, demonstrating how to make the pastry, cooking it and even dropping it off to us the same day. We really got spoiled on this one. Each client was able to make or help make their own tray of baklava and bring it home to share with family and friends.



## Highlights from May

### Horticultural Therapy



All things gardening! These clients were helping repot plants into their permanent home. They weren't necessarily interested in the other groups we had going on and this was a great way to keep them engaged and happy.

## Outings



Our first outing of the year. We only went a short distance, but it was sure fun getting out to see the International Peace Gardens. We learned a little bit about each of the countries displays and got view the beautiful grounds they have and have a picnic as well.

Neighborhood House Resources

<https://www.nhutah.org/familysupport>

## Support Services for Our Clients

Open Monday through Thursday from 7:00 am to 5:00 pm, The Family Support Center can assist individuals with finding the appropriate resources to meet their needs and achieve their goals. Among other services, the Center supports its clients with family education classes such as parenting classes, healthy relationships, and financial literacy. In collaboration with other resources available in our society, Neighborhood House is able to offer individual case management services to community members in many different areas. Contact Rocio Torres, our family support center manager via [rocio@nhutah.org](mailto:rocio@nhutah.org) or by phone (801) 363-4593 ext. 129 to schedule an appointment or learn more about the services offered at Neighborhood House Family Support Center

