

January

2021

Activity Calendar

8:00-10:30



Monday	Tuesday	Wednesday	Thursday	Friday
				1
*Activities are subject to change				Stretching Bands Bean Bag Target Toss Breakfast Smart Board/ Wordsearch (ZM) Jar of Questions
4	5	6	7	8
Mini Golf Mixed up New Year's Day Breakfast New Year word mining (Zoom) Name That Tune!	Sensory Activities Joking Around Breakfast Chair Yoga (Zoom) Exercise Dice	Aromatherapy Fact or Fiction Breakfast Blurt (Zoom) Tai Chi	Frisbee Basket Toss Cognitive Workbooks Breakfast Music and Memories (Zoom) Guided Mediation	Stretching Bands Client Choice Breakfast Would You Rather (Zoom) Smart board Jeopardy
11	12	13	14	15
Stretching Bands Bean Bag Target Toss Breakfast Winter Trivia (Zoom) Chair Yoga	Mini Golf Pictionary Breakfast Boggle (Zoom) Inspirational Stories	Yardzee Modeling clay Breakfast Cognitive Workbooks (Zoom) Tai Chi	Morning Walk Sensory Activities Breakfast Name That Tune (Zoom) Stretching Bands	Smartboard Jeopardy YouTube laughs Breakfast Chicken soup for the soul (Zm) Exercise Dice
18	19	20	21	22
Martin Luther King Day Closed	Cognitive Workbooks Indoor Bowling Breakfast Box of Crayons MLK (Zoom) Move 'N' Groove	Bean Bag Target Toss Brain Games Breakfast Winter Mad Lib (Zoom) Tai Chi	Ladder golf Smartboard/ Crossword (Zoom) Breakfast Lawn Darts Snow Globe Mason Jars	Chair yoga Card Games Breakfast Cognitive Workbooks (Zoom) Rainbow Rainy Day Art
25	26	27	28	29
Corn Hole Smart board Jeopardy Breakfast Jar of Questions (Zoom) Chair Yoga	Mini Golf Scrabble Breakfast Chair Yoga (Zoom) Cognitive Workbooks	Frisbee Basket Toss Penny Ante Breakfast Tai Chi (Zoom) Winter Beeswax Candles	Reminiscing... Your favorite Horseshoes Breakfast Exercise Dice (Zoom) Smartboard Crossword	4 pictures 1 word Yardzee Breakfast Cognitive Workbooks (Zoom) VR Tour

January

2021

Activity Calendar

11:00-1:30



Monday	Tuesday	Wednesday	Thursday	Friday
				1
*Activities are subject to change				New Year's Day Closed
4	5	6	7	8
Chicken soup for the soul Stary Night Sky Water coloring Lunch Sensory Activities Heart & Soul (Online) (Zoom)	Cornhole Homemade Shower Melts Lunch Hot Ice Smart Board Wordsearch	Lawn Darts Cognitive workbooks Lunch Roll a Snowman JuanCarlos	Bingo Indoor Bowling Lunch Northern Lights Winter picture search	Exercise dice Pictionary Lunch Frozen Bubbles Winter Storm Trivia
11	12	13	14	15
Bubble Wrap Snowy Tree Mixed-up winter Lunch Afternoon Walk Heart & Soul (Online) (Zoom)	Horticultural Therapy w/Sarah Lunch Smart Board Crossword Ladder Ball Homemade party blowers	Yard games- Client Choice Stained Glass Snowflakes Lunch Afternoon Walk 3-D Snowflakes	Bingo Lunch Boggle Stretching Bands	Dance W/ Joni (Zoom) Cognitive Workbooks Lunch Snowy Pictures Indoor Bowling
18	19	20	21	22
Martin Luther King Day Closed	Smart board Wordsearch Horticultural Therapy w/Sarah Lunch Frisbee Basket Toss Move 'N' Groove	Ladder Ball Dream Catchers Lunch Stretching Bands JuanCarlos	Bingo Lunch Fact or Fiction Indoor Bowling	Card Games Frisbee Basket Toss Lunch Inspirational Stories Paper plate yarn Snowflakes
25	26	27	28	29
Borax Crustal Snowman Stretching bands Lunch This was popular in the... Heart & Soul (Online) (Zoom)	Ladder Ball Popsicle Stick Snowflakes Lunch Chair Yoga Heart & Soul (Online) (Zoom)	Cornhole Penny Ante Lunch Pinecone Winter Owls Instant Ice	Bingo Lunch Boggle Stretching Bands	Dance W/ Joni (Zoom) Let's get Limber Lunch Borax Crustal Snowman Smartboard Crossword puzzle

January

2021

Activity Calendar

2:00-4:30



Monday	Tuesday	Wednesday	Thursday	Friday
				1
*Activities are subject to change				Smart Board/ Wordsearch Bean Bag Target Toss Snack Stretching Bands (Zoom) Jar of Questions
4	5	6	7	8
Mini Golf Mixed up New Year's Day Snack New Year word mining Name That Tune!	Music W/ Maggie (Zoom) Joking Around Snack Sensory activities Exercise Dice	Aromatherapy Fact or Fiction Snack Tai Chi (Zoom) Blurt	Frisbee Basket Toss Music and Memories Snack Cognitive Workbooks (Zoom) Guided Mediation	Stretching Bands Client Choice Snack Smart board Jeopardy (Zoom) Would You Rather
11	12	13	14	15
Stretching Bands Bean Bag Target Toss Snack Winter Trivia Chair Yoga	Mini Golf Pictionary Snack Inspirational Stories (Zoom) Boggle	Yardzee Modeling clay Snack Tai Chi (Zoom) Cognitive Workbooks	Morning Walk Sensory Activities Snack Stretching Bands (Zoom) Name That Tune	Smartboard Jeopardy YouTube laughs Snack Exercise Dice (Zoom) Chicken soup for the soul
18	19	20	21	22
Martin Luther King Day Closed	Music W/ Maggie (Zoom) Indoor Bowling Snack Box of Crayons MLK Move 'N' Groove	Bean Bag Target Toss Brain Games Snack Tai Chi (Zoom) Winter Mad Lib	Ladder golf Smartboard/ Crossword Snack Fact or Fiction (Zoom) Snow Globe Mason Jars	Card Games Rainbow Rainy Day Art Lunch Chair yoga (Zoom) Cognitive Workbooks
25	26	27	28	29
Corn Hole Smart board Jeopardy Snack Jar of Questions Chair Yoga	Mini Golf Chair Yoga Snack Scrabble (Zoom) Cognitive Workbooks	Frisbee Basket Toss Tai Chi Snack Penny Ante (Zoom) Winter Beeswax Candles	Exercise Dice Horseshoes Snack Reminiscing Your favorite (Zm) Smartboard Crossword	Cognitive Workbooks Yardzee Snack 4 pictures 1 word (Zoom) VR Tour

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Zoom Calendar

A.M. Meeting ID **Music W/ Maggie**
 960 6978 6507 719 4306 3371 **PW: c9dZ1b**

P.M. Meeting ID
 951 7990 5473



Monday	Tuesday	Wednesday	Thursday	Friday
				1
*Activities are subject to change	Dance and Musical activities done over zoom will use Neighborhood House's P.M. meeting i.d.	All Zoom activities will be held at 10:00 and 3:30 unless otherwise stated on the calendar.		Smart Board/ Wordsearch (ZM) Stretching Bands (Zoom)
4	5	6	7	8
New Year word mining (Zoom) Heart & Soul (Online) (Zoom)	Chair Yoga (Zoom) Music W/ Maggie (Zoom) @ 2	Blurt (Zoom) Tai Chi (Zoom)	Music and Memories (Zoom) Cognitive Workbooks (Zoom)	Would You Rather (Zoom) Smart board Jeopardy (Zoom)
11	12	13	14	15
Winter Trivia (Zoom) Heart & Soul (Online) (Zoom)	Boggle (Zoom) Inspirational Stories (Zoom)	Cognitive Workbooks (Zoom) Tai Chi (Zoom)	Name That Tune (Zoom) Stretching Bands (Zoom)	Chicken soup for the soul (Zm) Dance W/ Joni (Zoom) @ 11
18	19	20	21	22
Martin Luther King Day Closed	Box of Crayons MLK (Zoom) Music W/ Maggie (Zoom) @ 2	Christmas mad lib (Zoom) Tai Chi (Zoom)	Smart board Crossword (Zoom) Fact or Fiction (Zoom)	Cognitive Workbooks (Zoom) Chair yoga (Zoom)
25	26	27	28	29
Jar of Questions (Zoom) Heart & Soul (Online) (Zoom)	Chair Yoga (Zoom) Scrabble (Zoom)	Tai Chi (Zoom) Penny Ante (Zoom)	Exercise Dice (Zoom) Boggle (Zoom)	Cognitive Workbooks (Zoom) Dance W/ Joni (Zoom) @ 11