

February

2021

Activity Calendar

8:00-10:30



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Corn Hole Smart board Jeopardy Breakfast Jar of Questions (Zoom) Chair Yoga	Card Games Balance and Posture Exercises Breakfast Boggle (Zoom) Cognitive Workbooks	Frisbee Basket Toss Penny Ante Breakfast Tai Chi (Zoom) Winter Beeswax Candles	Exercise Dice Horseshoes Breakfast Reminiscing Your favorite (Zm) Smartboard Crossword	Smart Board/ Wordsearch Bean Bag Target Toss Breakfast Stretching Bands (Zoom) Would you rather Valentines...
8	9	10	11	12
Mini Golf Cognitive Workbooks Breakfast Name That Lovesong! (Zoom) Posture and Chair Exercises	ABC's about me Sensory activities Breakfast Exercise Dice (Zoom) Yardzee	Famous Couples Matching Fact or Fiction Breakfast Tai Chi (Zoom) Blurt	Frisbee Basket Toss Music and Memories Breakfast Cognitive Workbooks (Zoom) Valentine's Day Cards	Stretching Bands Chinese Paper Dragon Breakfast Smart board Jeopardy (Zoom) Would You Rather
15	16	17	18	19
President's Day Closed	Exercise Dice Pictionary Breakfast Inspirational Stories (Zoom) Boggle	Yardzee Modeling clay Breakfast Tai Chi (Zoom) Cognitive Workbooks	Morning Walk Sensory Activities Breakfast Stretching Bands (Zoom) Name That Tune!	Smartboard Jeopardy YouTube laughs Breakfast Exercise Dice (Zoom) Chicken soup for the soul
22	23	24	25	26
Stretching Bands Bean Bag Target Toss Breakfast Loving Trivia (Zoom) Chair Yoga	Card Games Indoor Bowling Breakfast Exercise Dice (Zoom) 4 pictures 1 word	Music and Memories Brain Games Breakfast Tai Chi (Zoom) Valentine's Day Mad Lib	Ladder golf Smartboard/ Crossword Breakfast Haiku Poetry (Zoom) Fact or Fiction	Card Games The 36 Questions That Lead to... Breakfast Chair yoga (Zoom) Cognitive Workbooks
*Activities are subject to change				

February

2021

Activity Calendar

11:00-1:30



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Groundhog Day Trivia Stretching bands Lunch Kindy Hearts Story Heart & Soul (Zoom) @ 1:00	Ladder Ball Groundhog Day Crossword Lunch Chair Yoga Dice Breakers	Cornhole Wacky Valentine's Day #1 Lunch This Day in History JuanCarlos (Zoom) @ 1:00	Bingo W/ Nancy Sweetheart Mining Lunch Boggle Stretching Bands	Let's get Limber Card Games Lunch House Riddles Homemade Ice-cream
8	9	10	11	12
Chicken soup for the soul Heart Animals Lunch Sensory Activities Heart & Soul (Zoom) @ 1:00	Cornhole February Would You Rather Lunch Chair Yoga Smart Board Wordsearch	Lawn Darts Cognitive workbooks Lunch Stretching bands JuanCarlos (Zoom) @ 1:00	Bingo W/ Nancy Indoor Bowling Lunch Tie Dye Hearts Winter Picture Search	Dance W/ Joni (Zoom) @ 11 Chinese Lantern Sun catcher Lunch Pictionary Chinese New Year
15	16	17	18	19
President's Day Closed	"My Love Jar" Valentine's Day Word Search Lunch Presidents Day Cookies Ladder Ball	Valentines Cookie Decorating Indoor Walk Lunch February IQ JuanCarlos (Zoom) @ 1:00	Bingo W/ Nancy Valentine's Day Reminiscing Lunch Exercise Dice Valentine's Day Questions	Indoor Bowling Valentine's Day Quiz Lunch Have you ever? Balance and Posture Exercises
22	23	24	25	26
Valentine's Day World History Mixed-up winter Lunch Afternoon Walk Heart & Soul (Zoom) @ 1:00	Smart board Wordsearch V-Day Butterfly Craft Lunch Banana Bread Day Frisbee Basket Toss	Ladder Ball Once upon a time Candy Heart Lunch Wacky Valentine's Day #2 JuanCarlos (Zoom) @ 1:00	Bingo W/ Nancy V-Day Jokes and Riddles Lunch Indoor Bowling Valentine's Day Coloring Art	Dance W/ Joni (Zoom) @ 11 Frisbee Basket Toss Lunch Inspirational Stories Yarn Wrapped Hearts
*Activities are subject to change				

February

2021

Activity Calendar

2:00-4:30



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Smart board Jeopardy JuanCarlos (Zoom) @2:30 Snack Jar of Questions Chair Yoga	Music W/ Maggie (Zoom) @ 2 Chair Yoga Snack Boggle Cognitive Workbooks	Frisbee Basket Toss Penny Ante Snack Tai Chi Winter Beeswax Candles	Exercise Dice Horseshoes Snack Reminiscing Your favorite (Zm) Smartboard Crossword	Smart Board/ Wordsearch Bean Bag Target Toss Snack Stretching Bands (Zoom) Jar of Questions
8	9	10	11	12
Mini Golf JuanCarlos (Zoom) @2:30 Snack Cognitive Workbooks Name That Lovesong!	Horticultural Therapy w/Sarah Exercise Dice Snack Chinese New Year Trivia (Zoom) Yardzee	Horticultural Therapy w/Sarah Fact or Fiction Snack Blurt Tai Chi	Frisbee Basket Toss Cognitive Workbooks Snack Music and Memories (Zoom) Valentine's Day Cards	Stretching Bands Chinese Paper Dragon Snack Smart board Jeopardy (Zoom) Would You Rather
15	16	17	18	19
President's Day Closed	Music W/ Maggie (Zoom) @ 2 Pictionary Snack Inspirational Stories Boggle	Random Acts of Kindness Day Modeling clay Snack Cognitive Workbooks Tai Chi	Afternoon Walk Sensory Activities Snack Name That Tune (Zoom) Stretching Bands	Smartboard Jeopardy YouTube laughs Snack Chicken soup for the soul (Zm) Exercise Dice
22	23	24	25	26
Loving Trivia JuanCarlos (Zoom) @2:30 Snack Cognitive Workbooks Jar of Questions	Horticultural Therapy w/Sarah Indoor Bowling Snack 4 pictures 1 word (Zoom) Exercise Dice	Horticultural Therapy w/Sarah Tai Chi Snack Brain Games Valentine's Day Mad Lib	Ladder golf Smartboard/ Crossword Snack Fact or Fiction (Zoom) Haiku Poetry	Card Games The 36 Questions That Lead to... Lunch Chair yoga (Zoom) Cognitive Workbooks
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February

2021

Zoom Calendar

A.M. Meeting ID **Music W/ Maggie**
 960 6978 6507 719 4306 3371 **PW: c9dZ1b**

P.M. Meeting ID **JuanCarlos**
 951 7990 5473 861 1734 7792 **PW: 097660**



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Jar of Questions (Zoom) Heart & Soul (Zoom) @1:00 JuanCarlos (Zoom) @2:30	Boggle (Zoom) Music W/ Maggie (Zoom) @ 2	Tai Chi (Zoom) JuanCarlos (Zoom) @ 1:00	Reminiscing Your favorite (Zm) Boggle (Zoom)	Stretching Bands (Zoom) Stretching Bands (Zoom)
8	9	10	11	12
Name That Lovesong! (Zoom) Heart & Soul (Zoom) @1:00 JuanCarlos (Zoom) @2:30	Exercise Dice (Zoom) Chinese New Year Trivia (Zoom)	Tai Chi (Zoom) JuanCarlos (Zoom) @ 1:00	Cognitive Workbooks (Zoom) Music and Memories (Zoom)	Smart board Jeopardy (Zoom) Dance W/ Joni (Zoom) @ 11
15	16	17	18	19
President's Day Closed	Inspirational Stories (Zoom) Music W/ Maggie (Zoom) @ 2	Tai Chi (Zoom) JuanCarlos (Zoom) @ 1:00	Stretching Bands (Zoom) Music and Memories (Zoom)	Exercise Dice (Zoom) Chicken soup for the soul (Zm)
22	23	24	25	26
Loving Trivia (Zoom) Heart & Soul (Zoom) @1:00 JuanCarlos (Zoom) @2:30	Exercise Dice (Zoom) 4 pictures 1 word (Zoom)	Tai Chi (Zoom) JuanCarlos (Zoom) @ 1:00	Haiku Poetry (Zoom) Fact or Fiction (Zoom)	Chair yoga (Zoom) Dance W/ Joni (Zoom) @ 11
*Activities are subject to change	Dance and Musical activities done over zoom will use Neighborhood House's P.M. meeting i.d.	All Zoom activities will be held at 10:00 and 3:30 unless otherwise stated on the calendar.		