

April

2021

Activity Calendar

8:00-10:30



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Chicken Soup for the Soul Are you an April Fool? Breakfast April Fools Day Mad Lib Cornhole	Frisbee basket toss Card Games Breakfast Exercise to Increase Your Self-Awareness Smart board Crossword
5	6	7	8	9
Easter Egg Maze Easter Trivia Breakfast Morning Walk Penny Ante	Smart board Wordsearch Blurt Breakfast Lawn Darts Music and Memories	Youtube Laughs Fact or Fiction Breakfast World Health Day Facts Indoor Bowling	This Day in History Yardzee Breakfast Exercise Dice ABC's about me	Balance and posture Exercises Pictionary Breakfast 100 exercises for the 100th day Emotional Sorting
12	13	14	15	16
Dumb bell exercises Price is Right Breakfast Brain Games Modeling Clay	Mini Golf Dice Breaker Breakfast 4 Pictures 1 Word Cupcake Decorating	Horseshoes Card Games Breakfast Fact or Fiction Sensory Dominoes	Cognitive Workbooks Boggle Breakfast Bean Bag Target Toss Chicken Soup for the Soul	Stronger Seniors Stretch Jar of Questions Breakfast Smart board Jeopardy Name That Tune!
19	20	21	22	23
Music and Memories Card Games Breakfast Chair yoga Name 5	Youtube Laughs Penny Ante Breakfast Tangrams Stretching bands	Ladder golf Blurt Breakfast Tai Chi ABC's about me	Cornhole Emotional Sorting Breakfast Earth Day Facts and Resolutions Yardzee	Frisbee basket toss Pictionary Breakfast Familiar phrases Sensory activities
26	27	28	29	30
Walk Price is Right Breakfast Thinking Cards Sensory Dominoes	Lawn Darts Social Bingo Breakfast Flower Trivia Strawberry Icebox cake	Chicken Soup for the Soul Dice Breaker Breakfast Smart board Crossword Indoor Bowling	Name That Tune! Would you rather Breakfast Smart board Wordsearch Stretching bands	Music and Memories Boggle Breakfast Ladder golf Arbor Day History and Trivia

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Activity Calendar

11:00-1:30



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Bingo W/ Nancy Bingo W/ Nancy Lunch Horseshoes Best April fool's Day Hoaxes	Dance W/ Joni Dance W/ Joni Lunch Mini Golf Easter Egg Dying
5	6	7	8	9
JuanCarlos (Zoom) @11:00 JuanCarlos (Zoom) @11:00 Lunch Name That Tune! Heart & Soul (Zoom) @ 1:00	Balance and posture Exercises Dice Breaker Lunch Spring word Scramble Sensory Dominoes	Horticultural Therapy w/Sarah Exercise Dice Lunch Penny Ante JuanCarlos (Zoom) @ 1:00	Music Therapy W/ Beth Music Therapy W/ Beth Lunch Noodle Ball Watercolor Rainbow	Dance W/ Joni Dance W/ Joni Lunch Blurt Sensory activities
12	13	14	15	16
JuanCarlos (Zoom) @11:00 JuanCarlos (Zoom) @11:00 Lunch Yardzee Heart & Soul (Zoom) @ 1:00	Lawn Darts Would you rather Lunch Spring Cryptogram #2 Youtube Laughs	Scavenger Hunt Nature Walk 3-D Daffodils Lunch March IQ JuanCarlos (Zoom) @ 1:00	Bingo W/ Nancy Bingo W/ Nancy Lunch Balloon Volleyball ABC's about me	Dance W/ Joni Dance W/ Joni Lunch Frisbee basket toss Music and Memories
19	20	21	22	23
JuanCarlos (Zoom) @11:00 JuanCarlos (Zoom) @11:00 Lunch Pictionary Heart & Soul (Zoom) @ 1:00	Ladder golf Boggle Lunch April IQ Chicken Soup for the Soul	Horticultural Therapy w/Sarah Stretching bands Lunch Price is Right JuanCarlos (Zoom) @ 1:00	Music Therapy W/ Beth Music Therapy W/ Beth Lunch Noodle Ball Name That Tune!	Dance W/ Joni Dance W/ Joni Lunch Social Bingo Youtube Laughs
26	27	28	29	30
JuanCarlos (Zoom) @11:00 JuanCarlos (Zoom) @11:00 Lunch Getting to know you statements Heart & Soul (Zoom) @ 1:00	Stretching bands Jar of Questions Lunch Sock it to me Emotional Sorting	Ladder golf 3-D Tulips Lunch Penny Ante JuanCarlos (Zoom) @ 1:00	Bingo W/ Nancy Bingo W/ Nancy Lunch Bean Bag Target Toss ABC's about me	Dance W/ Joni Dance W/ Joni Lunch Stronger Seniors Stretch Tree-mendous Trivia

April

2021

Activity Calendar

2:00-4:30



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Smart board Wordsearch April Fool's Day Animal Exercises Snack Emotional Sorting Pictionary	This day in history Hot-Potato Exercises Snack Charades Time Slips
5	6	7	8	9
Fact or Fiction Dumb bell exercises Snack Easter Egg Toss Chicken Soup for the Soul	Brain Games Group Bunny Art Snack Color by Code Would you rather	4 Pictures 1 Word Health Trivia Snack Tai Chi I Am Three	Cognitive Workbooks "Basket" Ball Snack April Trivia Youtube Laughs	Smart board Jeopardy 100th day of the year Snack National Siblings Day Social Bingo
12	13	14	15	16
Name 5 Indoor Bowling Snack National Pet Day Exercise to Increase Your Self-Awareness	Music W/ Maggie (Zoom) @ 2 Music W/ Maggie (Zoom) @ 2 Snack Pictionary Guided imagery	National Gardening Day Cognitive Workbooks Snack Tai Chi Blurt	Smart board Crossword Balloon Volleyball Snack Social Bingo Thinking Cards	Smart board Wordsearch Can you escape the 80's Snack Noodle Ball Sensory activities
19	20	21	22	23
This day in history Cornhole Snack Cognitive Workbooks Exercise to Increase Your Self-Awareness	Brain Games Exercise by Body part Snack Sayings Activity Guided imagery	4 Pictures 1 Word Tai Chi Snack Getting to know you statements I Am Three	Fact or Fiction Exercise by Body part Snack States and Capitals Trivia Sensory Dominoes	Cognitive Workbooks "Basket" Ball Snack Fairy Tales Digital Scavenger Hunt Modeling Clay
26	27	28	29	30
Name 5 Chair yoga Snack Social Bingo Exercise to Increase Your Self-Awareness	Music W/ Maggie (Zoom) @ 2 Music W/ Maggie (Zoom) @ 2 Snack Smart board Jeopardy Time Slips	April Showers Bring May Flowers Tai Chi Snack Thinking Cards Card Games	Smart board Crossword International Dance Day Snack Cornhole Yardzee	Smart board Wordsearch 3-D Lilacs Snack Frisbee basket toss Pictionary

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Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Dance and Musical activities done over zoom will use the originators meeting I.D. unless otherwise designated				
5	6	7	8	9
JuanCarlos (Zoom) @11:00		JuanCarlos (Zoom) @ 1:00		
Heart & Soul (Zoom) @1:00				
12	13	14	15	16
JuanCarlos (Zoom) @11:00			Bus Schedule resumes	
Heart & Soul @1:00	Music W/ Maggie (Zoom) @ 2	JuanCarlos (Zoom) @ 1:00		
19	20	21	22	23
JuanCarlos (Zoom) @11:00				Peace Gardens Field Trip
Heart & Soul (Zoom) @1:00		JuanCarlos (Zoom) @ 1:00		
26	27	28	29	30
JuanCarlos (Zoom) @11:00				Red Bute Garden Field Trip
Heart & Soul @1:00	Music W/ Maggie (Zoom) @ 2	JuanCarlos (Zoom) @ 1:00		